

COURSE SYLLABUS

Course Length	Full time 10 days
Course Date	From 5 th to 9 th of November 2018 and from 19 th to 23 th of November 2018
Course Delivery	Classroom Course
Course Location	Brescia (c/o AIFOS Via Branze, 45)

The syllabus is divided into 3 units: IGC1, GC2, GC3.

IGC1: Management of International Health and Safety	
Day 1	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Foundations in Health and Safety	<ul style="list-style-type: none"> • Welcome and Registration • The scope and nature of occupational Health and Safety • The moral, social and economic reasons for maintaining and promoting good standards of health and safety in the workplace? • The role of national governments and international bodies in formulating a framework for the regulation of Health and Safety
Health and Safety Management systems – Plan	<ul style="list-style-type: none"> • The key elements of a Health and Safety management system • The purpose and importance of setting policy for Health and Safety

IGC1: Management of International Health and Safety	
Day 2	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Health and Safety Management system – Plan	<ul style="list-style-type: none"> • Question and Revision of day 1 • The key features and appropriate content of an effective health and safety policy
Health and Safety Management systems – Do	<ul style="list-style-type: none"> • Organisational Health and Safety roles and responsibilities of employers, directors, managers, supervisors, workers and other relevant parties



nebosh
Accredited Centre
1155

NEBOSH INTERNATIONAL GENERAL CERTIFICATE in Occupational Health and Safety



	<ul style="list-style-type: none"> • Concept of health and safety culture and its significance in the management of health and safety in an organization • Human factors which influence behaviour at work • How health and safety behaviour at work can be improved
--	---

IGC1: Management of International Health and Safety	
Day 3	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Health and Safety Management systems – Do	<ul style="list-style-type: none"> • Question and Revision of day 2 • Principles and practice of risk assessment • Preventive and protective measures • Sources of health and safety information • Factors that should be considered when developing and implementing a safe system of work for general work activities • Role and function of a permit-to-work system

IGC1: Management of International Health and Safety	
Day 4	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Health and Safety Management systems – Do	<ul style="list-style-type: none"> • Question and Revision of day 3 • Emergency procedures and the arrangements for contacting emergency services • Requirements for, and effective provision of, first-aid in the workplace
Health and Safety Management systems – Check	<ul style="list-style-type: none"> • Active and reactive monitoring • Investigating incidents • Recording and reporting incidents

IGC1: Management of International Health and Safety	
Day 5	Timetable: 9.00 – 13.00
Element Title	
Health and Safety Management systems 4 – Act	<ul style="list-style-type: none"> • Question and Revision of day 4 • Health and Safety Auditing • Review of Health and Safety performance



nebosh
Accredited Centre
1155

NEBOSH INTERNATIONAL GENERAL CERTIFICATE

in Occupational Health and Safety



GC2: Controlling Workplace Hazards	
Day 5	Timetable: 14.00 – 18.00
Element Title	
Workplace hazards and risk control	<ul style="list-style-type: none"> • Health, Welfare and work environment requirements • Violence at work • Substance misuse at work • Safe Movement of people in the workplace • Working at height • Hazards and control measures for works of a Temporary nature

GC2: Controlling Workplace Hazards	
Day 6	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Transport hazards and risk control	<ul style="list-style-type: none"> • Question and Revision of day 5 • Safe Movement of vehicles in the workplace • Driving at work

GC2: Controlling Workplace Hazards	
Day 7	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Musculoskeletal hazards and risk control	<ul style="list-style-type: none"> • Question and Revision of day 6 • Work-related upper limb disorders • Manual handling hazards and control measures • Manually operated load handling equipment • Powered load handling equipment
Work Equipment hazards and risk control	<ul style="list-style-type: none"> • General requirements for work equipment • Hazards and controls for hand-held tools

GC2: Controlling Workplace Hazards	
Day 8	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Work Equipment hazards and risk control	<ul style="list-style-type: none"> • Question and Revision of day 7 • Mechanical and non-mechanical hazards of machinery • Control measures for reducing risks from machinery hazards
Electrical Safety	<ul style="list-style-type: none"> • Principles, hazards and risks associated with the use of electricity at work



NEBOSH INTERNATIONAL GENERAL CERTIFICATE

in Occupational Health and Safety



nebosh
Accredited Centre
1155



	<ul style="list-style-type: none"> Control measures when working with electrical system or using electrical equipment in all workplace conditions
Fire Safety	<ul style="list-style-type: none"> Fire initiation, classification and spread Fire risk assessment

GC2: Controlling Workplace Hazards	
Day 9	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Fire Safety	<ul style="list-style-type: none"> Question and Revision of day 8 Fire prevention and prevention of fire spread Fire alarm system and fire-fighting arrangements Evacuation of a workplace
Chemical and Biological health hazards and risk control	<ul style="list-style-type: none"> Forms of, classification of, and health risks from hazardous substances Assessment of health risks Occupational exposure limits Control measures Specific Agents

GC2: Controlling Workplace Hazards	
Day 10	Timetable: 9.00 – 18.00 (break from 1.00 am to 2 .00 pm)
Element Title	
Chemical and Biological health hazards and risk control	<ul style="list-style-type: none"> Question and Revision of day 9 Safe handling and storage of waste
Physical and psychological health hazards and risk control	<ul style="list-style-type: none"> Noise Vibration Radiation Stress

GC3: Health and safety practical application	
	<ul style="list-style-type: none"> This unit require candidates to apply the knowledge and understanding gained form their studies of elements of Units IGC1 and GC2 in a practical environment and to carry out an evaluation of information gathered during the inspection.